[redacted]

ESTABLISHED AT [redacted] 30 PAGES 15 CENTS

December 28, 1982 SPRINGFIELD, MASSACHUSETTS

Mr. Robert A. Monroe
Mind Research Institute
Blue Ridge, Va. 11001

Dear Mr. Monroe,

An avid reader of your book, "Journeys Out Of The Body (1971)" I was eager to share a few small instances with you compared to yours. I'm more of the scientific faction type and I look at things realistically then immagineing it.

I had one such insident eight years ago when I was coming out of a Salvation Army store that I had just stoped to check out. I hdd a slight headache that day from overeading and as I moved towards my car I had this vision outside my vision infront of me somehow and I felt as if I was peering through this square window and on the other side was what appeared as marble columns and stairs leading down to this bright red wall to wall carpet but the funny thing is I could only see the lower half of the room. There were no people in it and I felt a feeling that being in that room or place would give me the feeling that everything was wonderful on that side. When I began to use my constious mind to think of it, it began to fade and I couldn't hold it. This has not happened since.

They say in science if a thing repeats itself more then once it is real or understandable by science. The follwing thing happened to me three seperate times with no explanation. I was in most cases half asleep or getting there when small discs of light, I counted 3 the first time seem to fly at me and I awake. I'm not afraid of them but I'm curious for the why of it. I definetly feel that it had not a thing to do with the dream sequence for it felt more real. Things have been quite for awhile so I thought you might be interested in what I have told you. Thanks again for your book it helps people like me know when thier dealing with such experiences they are not <u>alone</u>.

[redacted]